

Hey LINK Parents



Shelter in place can be tough on families. You're together all day with little to do. Routine has set it in: homework, screen-time, Netflix/Hulu/Disney+ , sleep, repeat. If you would like to have time set aside that do not include screens, and to change up the rhythm of shelter in place, this is for you! SO ---> here are 10 ACTIVITIES for FAMILIES!

1. INDOOR CAMPING/FORT

- Utilize furniture and blankets/bed sheets to create a fort. Then: tell stories, share favorite family memories, read the Bible, and/or watch a movie. Then, make s'mores in the oven.
 - <https://butterwithasideofbread.com/smores-in-oven/>

2. SILENT DISCO

- Everyone puts on their own headphones with their personal favorite "jam" song. Then have a dance battle/competition between one another while listening to your song. Record the dances and then create a recap video/picture collage. Or, post it to social media! If you need help or ideas, your students are able ☺

3. LIP SYNC BATTLE

- This is best for those who are good at singing off tune. Perform your favorite song like it's a live concert!
 - <https://party.lovetoknow.com/party-games-activities/lip-sync-battle-party-ideas>

4. HUMAN BUBBLE

- Bringing it back to EBC's VBS - human bubbles are fun for the whole family! Here's how!
 - <https://www.youtube.com/watch?v=dJ2X1OIQhEY>
 - <https://www.youtube.com/watch?v=jKXayml9QQM>
 - DIY tutorial starts at the 4:40 mark

5. MINUTE TO WIN IT

- Quick and memorable games. For a list of them, check out the websites below!
 - <https://www.happinessishomemade.net/awesome-minute-to-win-it-games/>
 - <https://www.signupgenius.com/groups/minute-to-win-it-games.cfm>

6. (MOSTLY SAFE FOR HOME ☺) EXPERIMENTS

- Microwave a grape.
 - https://www.fi.edu/sites/default/files/KitchenScience_Activity_GrapesInTheMicrowave.pdf
- Random experiments.
 - https://www.youtube.com/watch?v=RkfpSsQE_w

7. RESEARCH YOUR FAMILY TREE

- <https://ancestry.com/>

8. BAKING/COOKING

- Make your own ice cream.
 - https://www.fi.edu/sites/default/files/KitchenScience_Activity_MakeYourOwnIceCream.pdf
- "Cuban Cooking" AKA Dad Cooking ☺
 - Create a new dish using random ingredients from your pantry and kitchen. Good Luck!

9. MESSY FLOUR GAME

- <https://www.onegoodthingbyjillee.com/2011/11/flour-game-fun-holiday-tradition.html>

10. OLE FASHIONED CONVERSATION

- There are resources devoted for family conversation, here is one of them!
 - <https://www.leadertreks.org/wp-content/uploads/2020/03/Helping-Families-Connect.pdf>

I hope these activities help pass the time while being stuck indoors! My prayer is that your family wouldn't just survive, but thrive in this season. If you have any other ideas that you've tried and enjoyed, send them over to me. I would love to hear from you!



Blessings!
Tyler